PRESS RELEASE

Wholesome Mind Xperience Returns October 10, 2025, to lead effort to rebuild Accra psychiatric hospital's special ward

Accra, Ghana | August 11 2025 – Ghana's premier mental health advocacy summit, the **Wholesome Mind Xperience**, returns on **October 10, 2025**, with a renewed purpose. This year's edition marks a major milestone as it officially kicks off the **reconstruction of the Special Ward** at the Accra Psychiatric Hospital, advancing the summit's broader goal of transforming mental healthcare in the country.

As part of this bold initiative, the conveners launched a GHS 4 million fundraising campaign to refurbish the Special Ward into **Ghana's first Psychiatric Intensive Care Unit (PICU)**. The PICU will serve as a critical facility within the hospital, offering specialised care and a safe, dignified environment for individuals facing acute mental health crises.

In a significant boost to the fundraising of this project, the **Commissioner General of the Ghana Revenue Authority** has approved the Wholesome Mind Project as a **Worthwhile Cause** under Section 100 of the Income Tax Act, 2015 (Act 896). This means that donations made toward the reconstruction of the Special Ward shall be allowable as a tax-deductible expense in the computation of income for the 2025 year of assessment. It is hoped that corporate entities will be encouraged to donate to the reconstruction of the Special Ward.

Under the theme "Mental Health Awareness for all Ages," this year's summit will take place at the Labadi Beach Hotel in Accra, bringing together mental health professionals, advocates, caregivers, families, and policy influencers for a day of engaging panel discussions, wellness activities, and community-driven conversations across all life stages.

The summit is spearheaded by VINT & Aletheia Attorneys and Consultants, who are also leading the nationwide and global fundraising campaign to mobilize individuals, corporations, and development partners to support this urgent cause.

To support this initiative, donations can be made through the following channels:

- **MTN Mobile Money**:
  Number: *+233 530 464 306*
  Reference: *VINT & Aletheia PRUC*

- **ExpressPay - (search for *TWM Fund Drive)***
- **GoFundMe -** (search for Attentive care inc) - WHOLESOME MIND PROJECT, GHANA
- **Bank Transfer**:
  Account Name: *VINT & Aletheia – TWM Fund Drive*
  Account Number: *140009547624*

According to the World Health Organization (WHO), individuals with mental health conditions deserve care in safe, respectful, and humane environments that promote recovery and uphold their rights. The planned PICU reflects this standard ensuring that the most vulnerable receive not just treatment, but dignity.

Improving mental health outcomes takes more than good intentions. It requires sustained commitment, proper infrastructure, and the willingness to show up for one another. The Special Ward at the Accra Psychiatric Hospital has long supported those in greatest need, yet it remains in poor condition. It's time we reminded them they are not forgotten."

Every contribution brings us closer to a transformed future for mental health care in Ghana. Join the movement to reshape the narrative together, we can build a system that is truly holistic, humane, and accessible to all.

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About The Wholesome Mind Xperience: The Wholesome Mind Xperience is a mental health initiative focused on raising awareness and promoting mental well-being in Ghana. The summit aims to address mental health challenges, reduce stigma, and improve access to care and feature workshops, panel discussions, and networking opportunities with mental health professionals. The entire experience is spearheaded by VINT & Aletheia Attorneys and Consultants.